

## **HOME CARE**

### **Objective of the measure**

Improving the quality of life by limiting the functional decline of the person.  
Supporting the family in the care work.  
Reducing inappropriate hospital admissions and use of emergency/urgency services.  
Avoiding permanent admission to senior centres, wherever possible.

### **Addressees**

People who, living at home, are in a state of non-self-sufficiency/fragility.  
The following conditions must also be met in order to access the service:

- health and social care needs that can be managed at home;
- partial or total self-sufficiency of a temporary or permanent nature;
- not being able to walk and not being able to be transported by ordinary means to the local outpatient services;
- presence of a formal and/or informal family support network;
- living conditions that guarantee the practicability of care.

### **Type and characteristics of the contribution**

Home care interventions with zero cost for the citizen.  
The Home Care is provided by Service Providers accredited by the Lombardy Region, a list of which can be found on the ATS Insubria website under "Services - Home Care".

### **Methods of access**

To benefit from Home Care, you must go to the local ASST offices in your area with a certificate from your general practitioner or family paediatrician certifying the above conditions.  
Then the chosen managing body must be contacted to start the service.

### **Information and contacts**

For information about the service, you can ask your general practitioner or contact the relevant Territorial Service directly:

- [ASST LARIANA](#)
- [ASST SETTE LAGHI](#)
- [ASST VALLE OLONA](#)

For further information, please visit the website [ATS INSUBRIA](#)